

Composites made of PVA and aramid nanofibers capable of simulating the properties of human cartilage tissue

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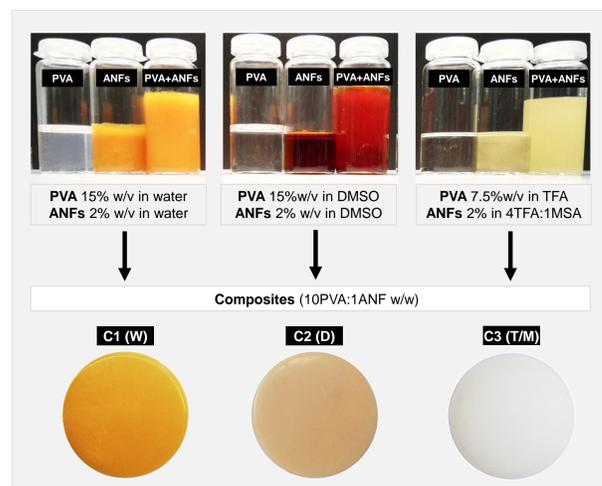
INTRODUCTION

Aramid (poly(p-phenylene terephthalamide)) fibers, commercially known as Kevlar, are a class of organic materials with outstanding properties, such as mechanical robustness and thermal stability [1]. These fibers have been widely used to reinforce other polymers, improving their stiffness and strength. Recently, it has been shown that a nanoscale version of Kevlar - aramid nanofibers (ANFs) synthesized from their macroscale fabrics and yarns - can effectively reinforce polyvinyl alcohol (PVA) for the replacement of cartilage tissues, due to their proven biocompatibility and exceptional mechanical properties [2].

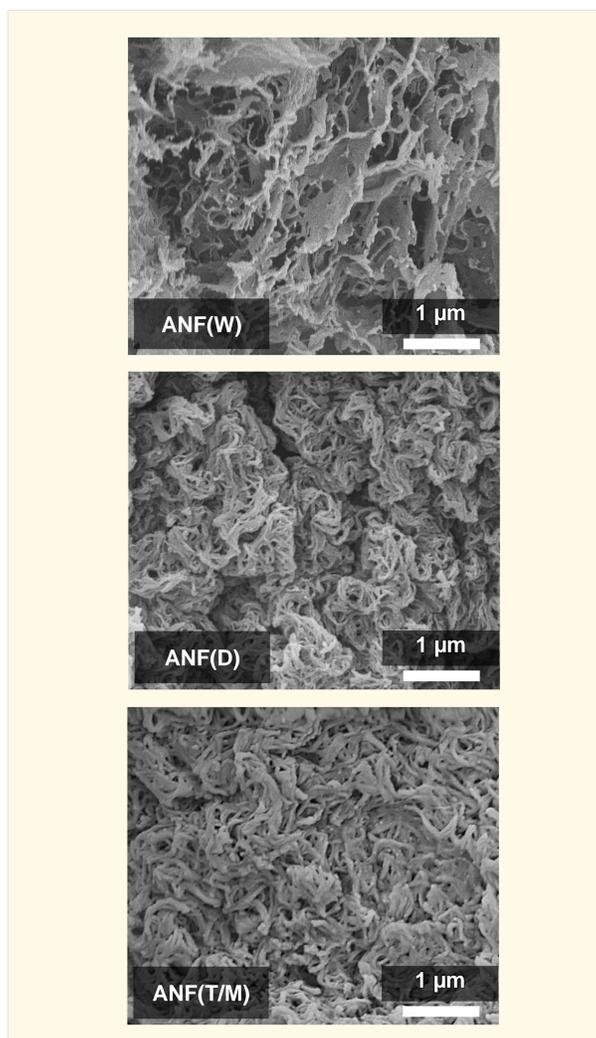
OBJECTIVES

In this work, we prepare PVA+ANF composites under different conditions, to identify which production method can generate materials with superior mechanical and tribological performance, without compromising their water-retention ability, relevant in the mimicking of the natural tissues.

MATERIALS

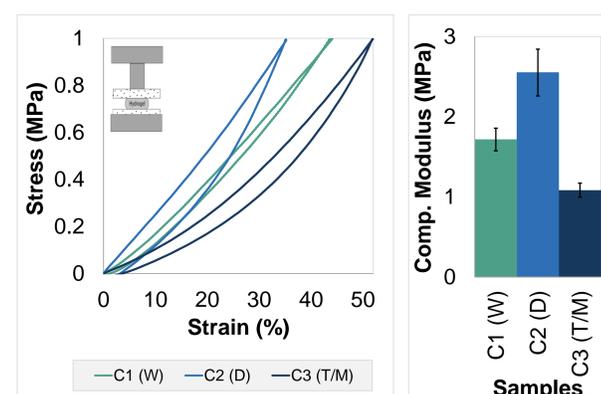
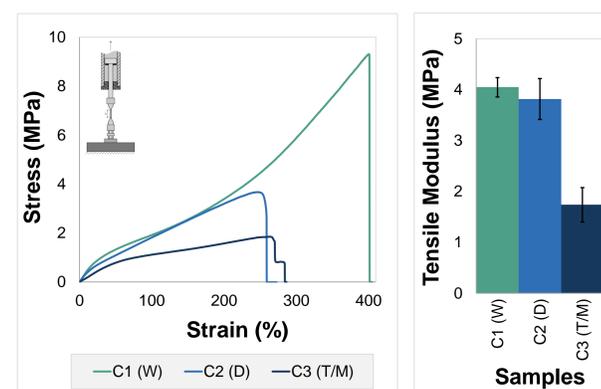


RESULTS AND DISCUSSION



SEM micrographs of ANF samples prepared in water, DMSO or TFA/MSA are displayed in Figure 1. The images show the microscale morphology of ANFs, in which the nanofibers form a highly interconnected network.

The swelling of hydrogels increased in the following order C2(D) < C1(W) < C3(T/M). Concerning tribological performance, the CoFs of all composites were low and similar (≈ 0.07) when 5 N of force was applied. For 20 N, C_W samples had the lowest CoF value (≈ 0.09). Concerning tribological performance, the CoFs of all composites were low and similar (≈ 0.07) when 5 N of force was applied. For 20 N, C_W samples had the lowest CoF value (≈ 0.09).



C1(W) samples exhibited a superior mechanical resistance under tensile stress compared to all others, showing higher values of ultimate strength (up to 4.8x) and failure strain ($\approx 1.6x$). In response to compression, C2(D) materials were the most rigid, presenting a modulus of ≈ 2.6 MPa and a maximum strain of $\approx 36\%$.

CONCLUSION

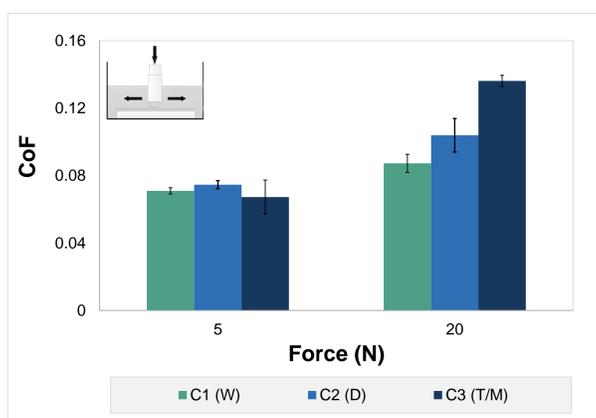
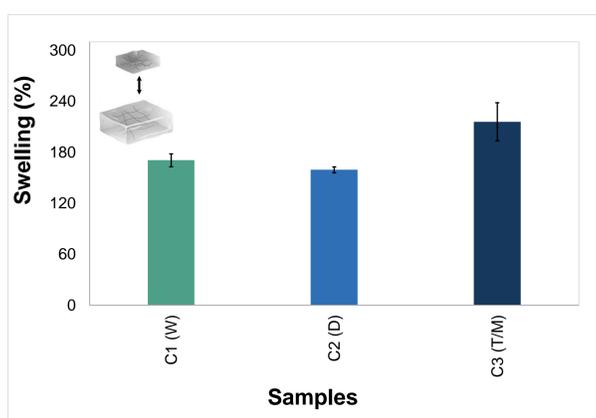
Our results indicated that the properties of PVA+ANF composites are dependent on the preparation method. ANF materials made from corresponding hydrogels, prepared in water (C1(W)) had an improved mechanical and tribological performance, without compromising their water-retention ability. The unique combination of properties should be attributed to the establishment of dense networks of hydrogen bonding interactions between the PVA and nanofibers.

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METHODS

SEM	Swelling
FEG-SEM (JSM-7001F, JEOL).	Microscale (Discovery DV215CD, OHAUS Corporation).
Samples dried by the tert-butyl alcohol freeze-drying method.	Samples dried until reach the equilibrium.
Materials coated with Au/Pd.	Swelling (%) = $\frac{W_{water}}{W_{wet\ sample}} \times 100$
Friction	
Pin-on-disk tribometer (TRB ³ , Anton Paar). Reciprocal linear mode.	
Counterbody: 316L stainless steel (Ø6 mm balls); Load: 5 and 20 N; Sliding velocity: 25 mm/s; Distance: 12 m; Stroke: 8 mm; Lubricant: PBS solution; Room temperature.	
Compression	Tensile
Texturometer (TA.XT Express Texture Analyser, Stable Micro Systems). Uniaxial mode.	
Performed at 37°C, in unconfined mode. V = 0.1 mm/s. Limit: F = 50N.	Performed at room temperature. V = 0.5 mm/s. Limit: Until it break.



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