

Composites made of PVA and aramid nanofibers capable of simulating the properties of human cartilage tissue

A.S. Oliveira ^{1,2,3}, R. Colaço ², A.P. Serro ^{1,3}, N.A. Kotov ⁴

¹ CQE, IST, UL, Lisbon, Portugal; ² idMEC, IST, UL, Lisbon, Portugal; ³ CiiEM, IUEM, Caparica, Portugal; ⁴ BI, UM, Ann Arbor, MI, US.



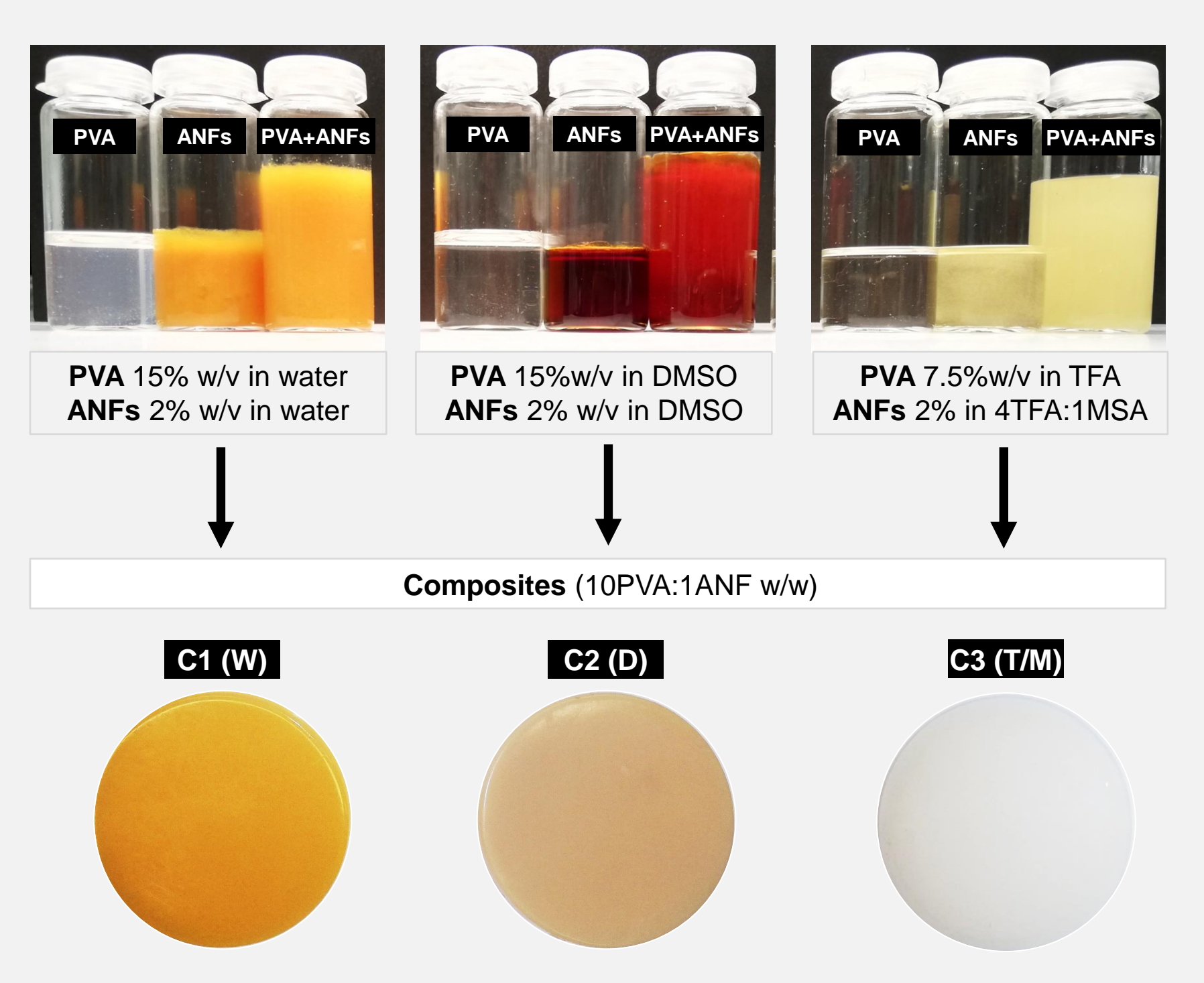
INTRODUCTION

Aramid (poly(p-phenylene terephthalamide)) fibers, commercially known as Kevlar, are a class of organic materials with outstanding properties, such as mechanical robustness and thermal stability [1]. These fibers have been widely used to reinforce other polymers, improving their stiffness and strength. Recently, it has been shown that a nanoscale version of Kevlar - aramid nanofibers (ANFs) synthesized from their macroscale fabrics and yarns - can effectively reinforce polyvinyl alcohol (PVA) for the replacement of cartilage tissues, due to their proven biocompatibility and exceptional mechanical properties [2].

OBJECTIVES

In this work, we prepare PVA+ANF composites under different conditions, to identify which production method can generate materials with superior mechanical and tribological performance, without compromising their water-retention ability, relevant in the mimicking of the natural tissues.

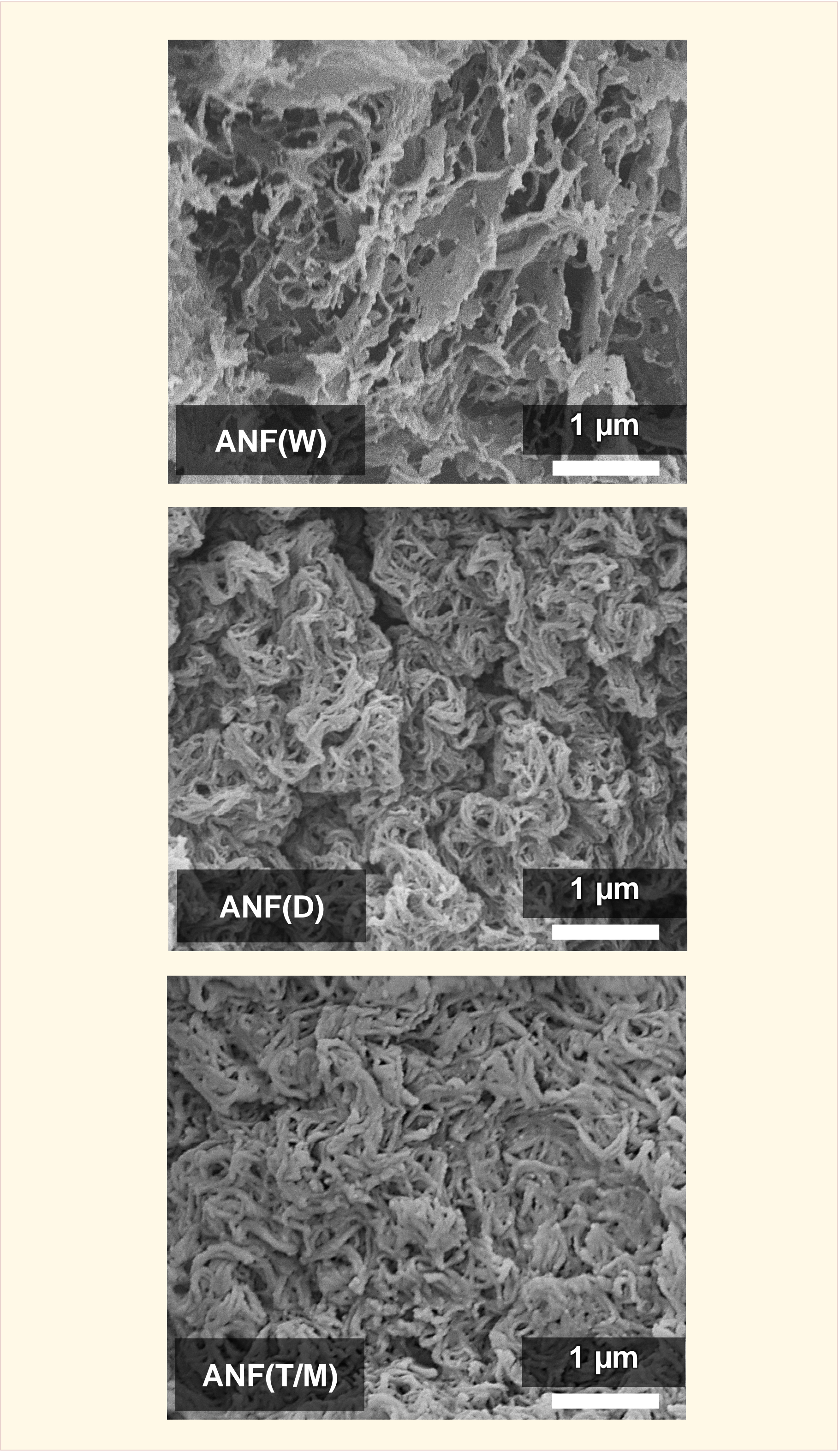
MATERIALS



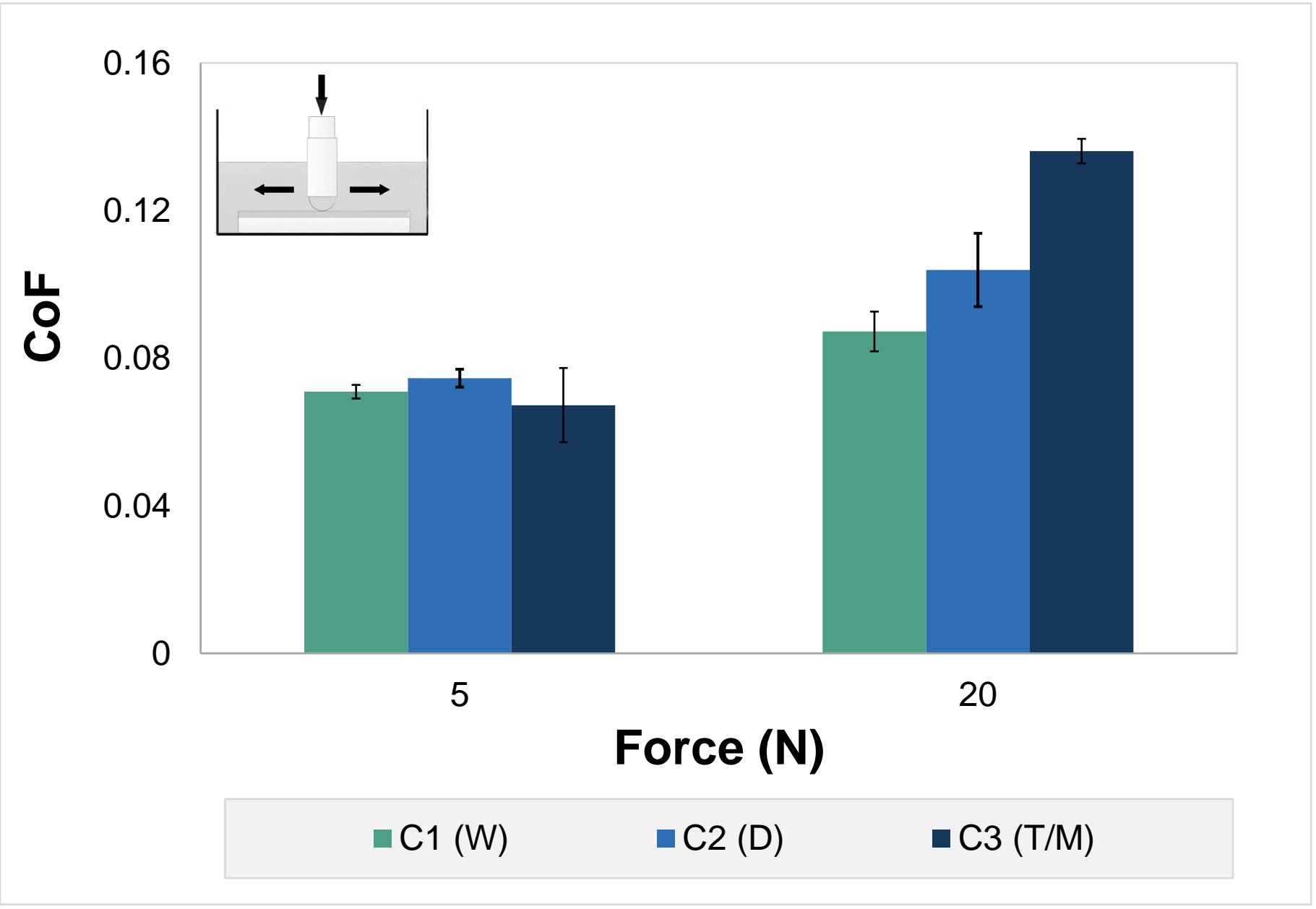
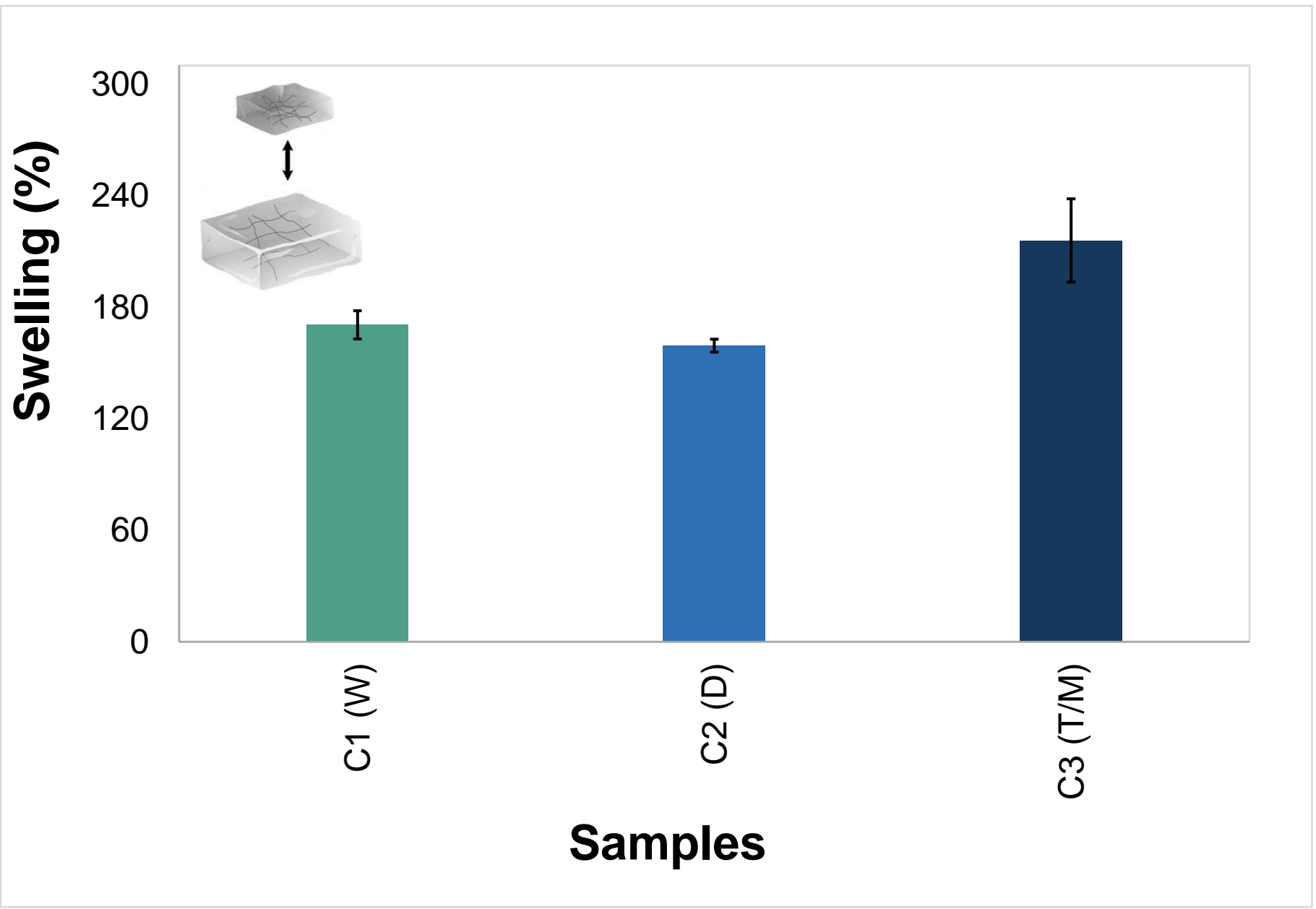
METHODS

SEM	Swelling
FEG-SEM (JSM-7001F, JEOL).	Microscale (Discovery DV215CD, OHAUS Corporation).
Samples dried by the tert-butyl alcohol freeze-drying method.	Samples dried until reach the equilibrium.
Materials coated with Au/Pd.	$\text{Swelling (\%)} = \frac{W_{\text{water}}}{W_{\text{wet sample}}} \times 100$
Friction	
Pin-on-disk tribometer (TRB ³ , Anton Paar). Reciprocal linear mode.	
Counterbody: 316L stainless steel (�6 mm balls); Load: 5 and 20 N; Sliding velocity: 25 mm/s; Distance: 12 m; Stroke: 8 mm; Lubricant: PBS solution; Room temperature.	
Compression	Tensile
Texturometer (TA.XT Express Texture Analyser, Stable Micro Systems). Uniaxial mode.	
Performed at 37�C, in unconfined mode. V = 0.1 mm/s. Limit: F = 50N.	Performed at room temperature. V = 0.5 mm/s. Limit: Until it break.

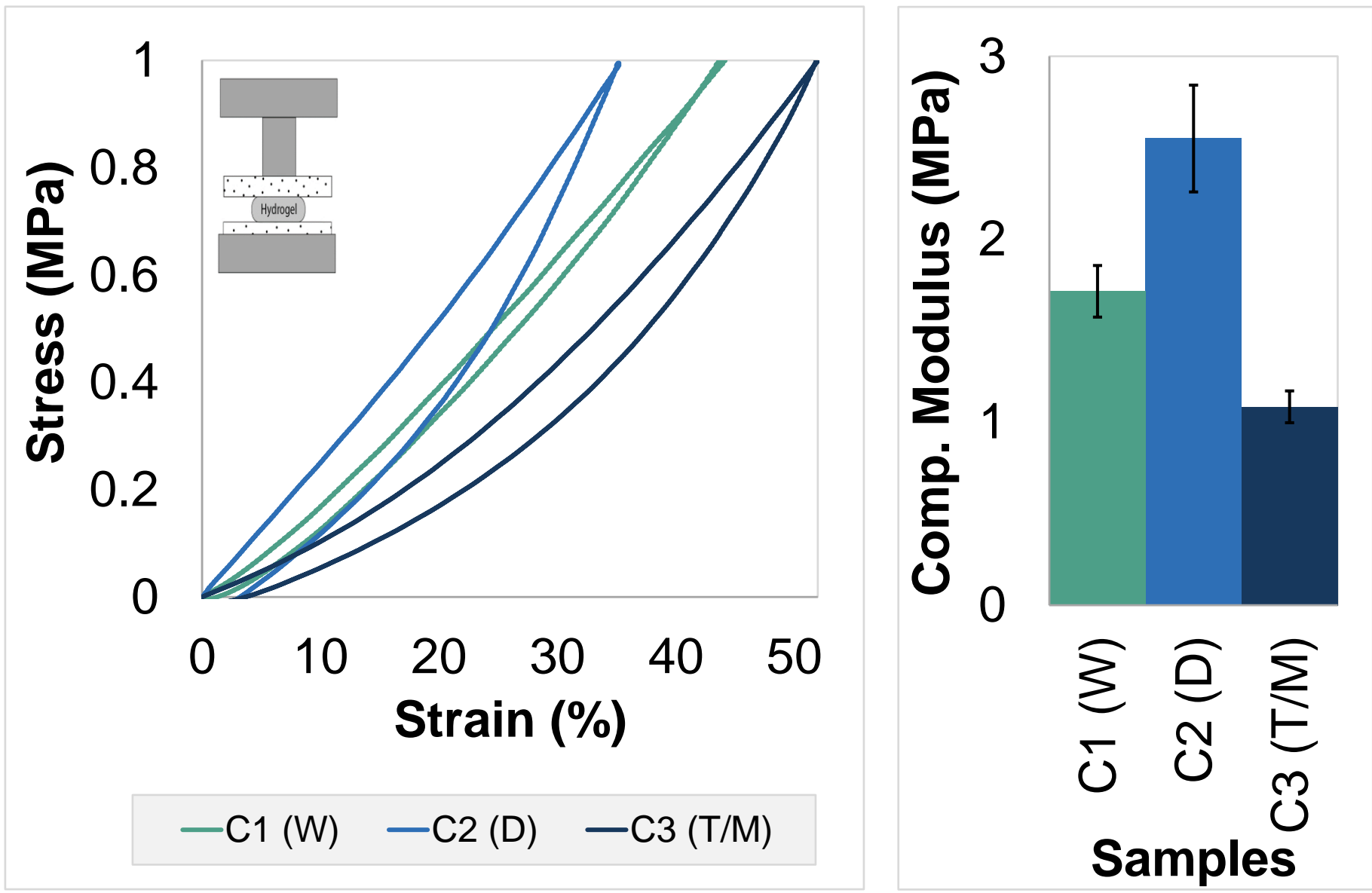
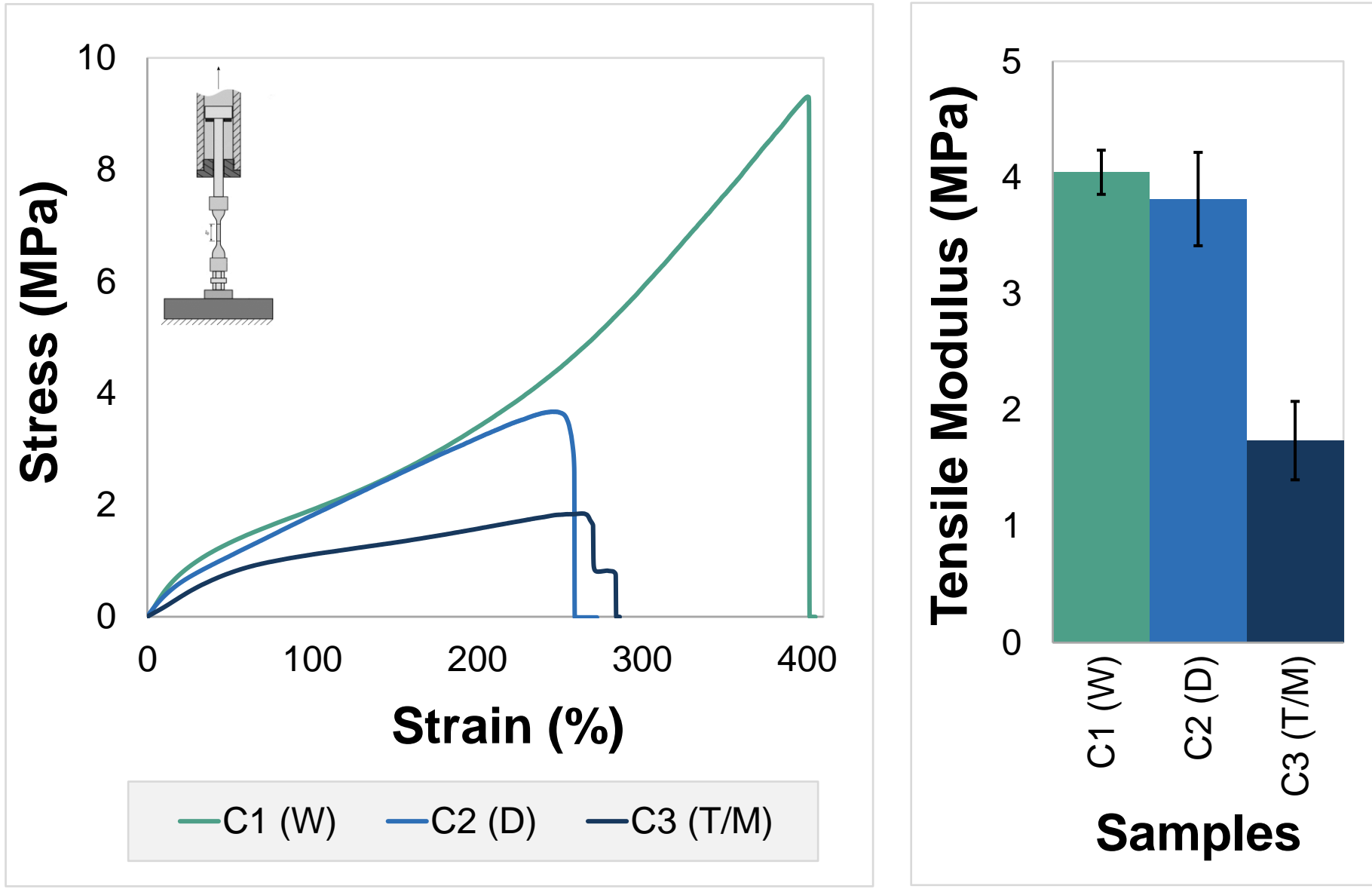
RESULTS AND DISCUSSION



SEM micrographs of ANF samples prepared in water, DMSO or TFA/MSA are displayed in Figure 1. The images show the microscale morphology of ANFs, in which the nanofibers form a highly interconnected network.



The swelling of hydrogels increased in the following order C2(D) < C1(W) < C3(T/M). Concerning tribological performance, the CoFs of all composites were low and similar (≈ 0.07) when 5 N of force was applied. For 20 N, C_W samples had the lowest CoF value (≈ 0.09). Concerning tribological performance, the CoFs of all composites were low and similar (≈ 0.07) when 5 N of force was applied. For 20 N, C_W samples had the lowest CoF value (≈ 0.09).



C1(W) samples exhibited a superior mechanical resistance under tensile stress compared to all others, showing higher values of ultimate strength (up to 4.8x) and failure strain ($\approx 1.6x$). In response to compression, C2(D) materials were the most rigid, presenting a modulus of ≈ 2.6 MPa and a maximum strain of $\approx 36\%$.

CONCLUSION

Our results indicated that the properties of PVA+ANF composites are dependent on the preparation method. ANF materials made from corresponding hydrogels, prepared in water (C1(W)) had an improved mechanical and tribological performance, without compromising their water-retention ability. The unique combination of properties should be attributed to the establishment of dense networks of hydrogen bonding interactions between the PVA and nanofibers.

REFERENCES

- [1] Garc a, JM, Garc a, FC, Serna, F, de la Pe a, JL, 'High-performance aromatic polyamides', *Prog. Polym. Sci.*, 35, 623-686 (2010): [10.1016/j.progpolymsci.2009.09.002](https://doi.org/10.1016/j.progpolymsci.2009.09.002).
- [2] Xu, L, Zhao, X, Xu, C, Kotov, NA, 'Water-Rich Biomimetic Composites with Abiotic Self-Organizing Nanofiber Network', *Adv. Mater.*, 30, 1703343 (2018): [10.1002/adma.201703343](https://doi.org/10.1002/adma.201703343).
- [3] Lyu, J, Wang, X, Liu, L, Kim, Y, Tanyi, EK, Chi, H, Feng, W, Xu, L, Li, T, Noginov, MA, Uher, C, Hammig, MD, Kotov, NA, 'High Strength Conductive Composites with Plasmonic Nanoparticles Aligned on Aramid Nanofibers', *Adv. Funct. Mater.*, 26, 8435-8445 (2016): [10.1002/adfm.201603230](https://doi.org/10.1002/adfm.201603230).
- [4] Lv, L, Han, X, Zong, L, Li, M, You, J, Wu, X, Li, C, 'Biomimetic Hybridization of Kevlar into Silk Fibroin: Nanofibrous Strategy for Improved Mechanic Properties of Flexible Composites and Filtration Membranes', *ACS Nano*, 11, 8178-8184 (2017): [10.1021/acs.nano.7b03119](https://doi.org/10.1021/acs.nano.7b03119).
- [5] Osatake, H, Inou , T, 'A new drying method of biological specimens for scanning electron microscopy: The t-butyl alcohol freeze-drying method', *Arch. Histol. Cytol.*, 51, 53-59 (1988): [10.1679/aohc.51.53](https://doi.org/10.1679/aohc.51.53).

Acknowledgments

The authors gratefully acknowledge to Funda  o para a Ci ncia e a Tecnologia for the financial support (grant numbers: PD/BD/128140/2016 [A.S. Oliveira, MIT - Portugal program], PTDC/CTM-CTM/29593/2017 [CartHeal], UIDB/00100/2020 [CQE], UIDB/50022/2020 [IDMEC/LAETA], and UIDB/04585/2020 [CiiEM]).



BIOMAT Research group

<https://biomatlabgroup.wixsite.com/biomatresearchgroup/>



E-mail: andrea.oliveira@tecnico.ulisboa.pt