

# What are the needs and expectations regarding cognitive rehabilitation interventions of Portuguese cancer survivors experiencing cancer-related cognitive impairment?

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## INTRODUCTION

- **Cancer-related cognitive impairment (CRCI)** is one of the most frequent and worrying side effects experienced by non-central nervous system (non-CNS) cancer survivors, generally related to cancer treatments [1,2].
- Considering its detrimental impact on quality of life, including work-related outcomes [3,4], it is necessary to identify effective intervention options [5].
- **Cognitive rehabilitation** is considered the first-line intervention to address CRCI, being effective at improving cognitive functioning [6].
- There is little information about the needs and expectations regarding cognitive rehabilitation interventions of cancer survivors experiencing CRCI [7,8].

## MAIN GOAL

To assess the needs and expectations of Portuguese non-CNS cancer survivors regarding cognitive rehabilitation interventions.

## METHODS



### ELIGIBILITY CRITERIA

1. Portuguese non-CNS cancer survivors,
2. Aged 18-65 years,
3. Who have finished active treatments,
4. No metastases/history of neurological or psychiatric disease/alcohol or drug abuse.

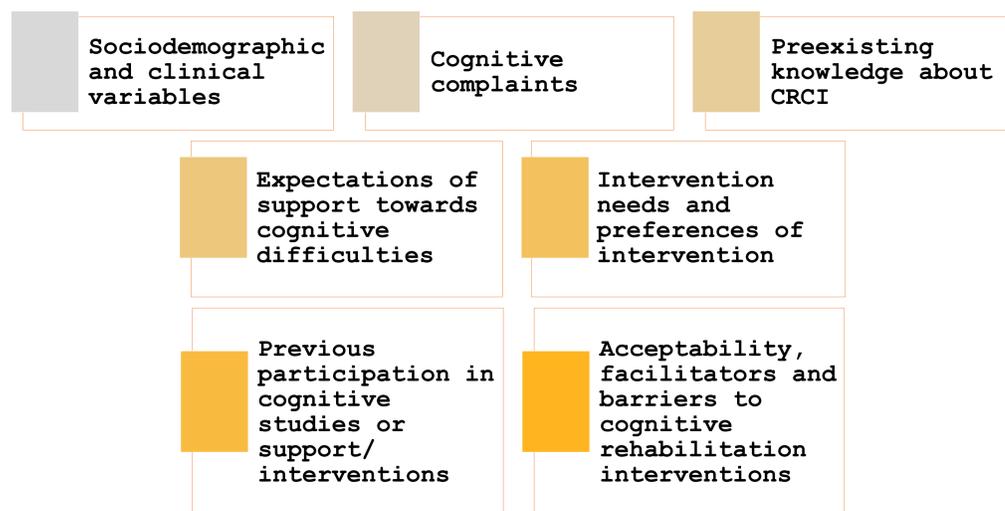
Approved by the Ethics and Deontology Committee of the University of Aveiro

### PROCEDURE

- Online recruitment and completion (LimeSurvey)
- Nationwide cross-sectional survey (questionnaire)



### VARIABLES



## RESULTS AND CONCLUSIONS

- Findings from this study are important to help health professionals and researchers understand and identify non-CNS cancer survivors' needs regarding **cognitive rehabilitation interventions**.
- This information could be used as a support and guide for the development and delivery of more tailored and well-suited cognitive rehabilitation interventions for non-CNS cancer survivors, to ensure that the resulting interventions align with their preferences.

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## REFERENCES

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