

Neve visual e absorção atencional

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Visual snow

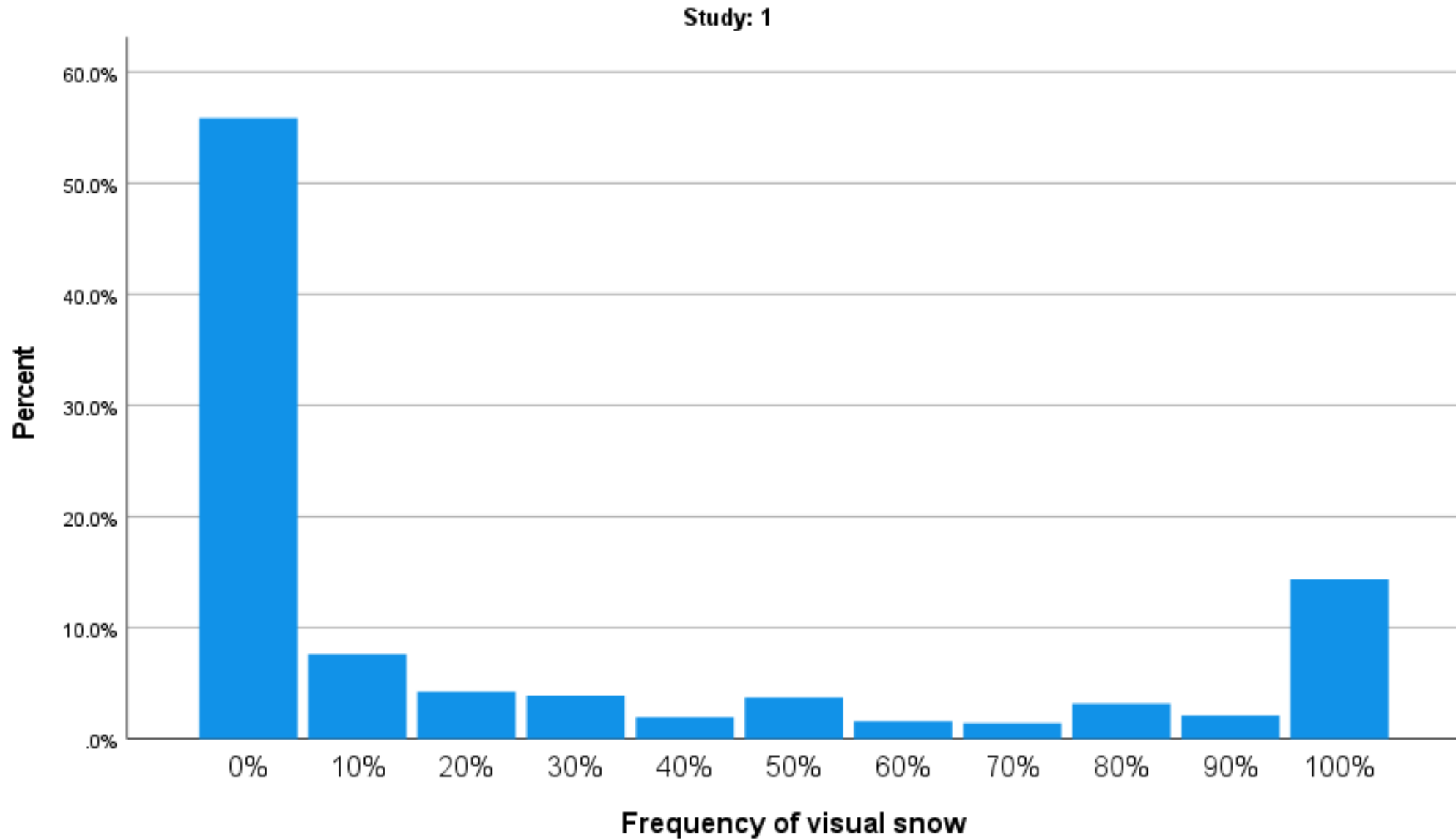
- Perception of tiny flickering dots across the visual field
- Frequently compared to analog tv static, snow fall
- Likely resulting from visual cortex hyperexcitability



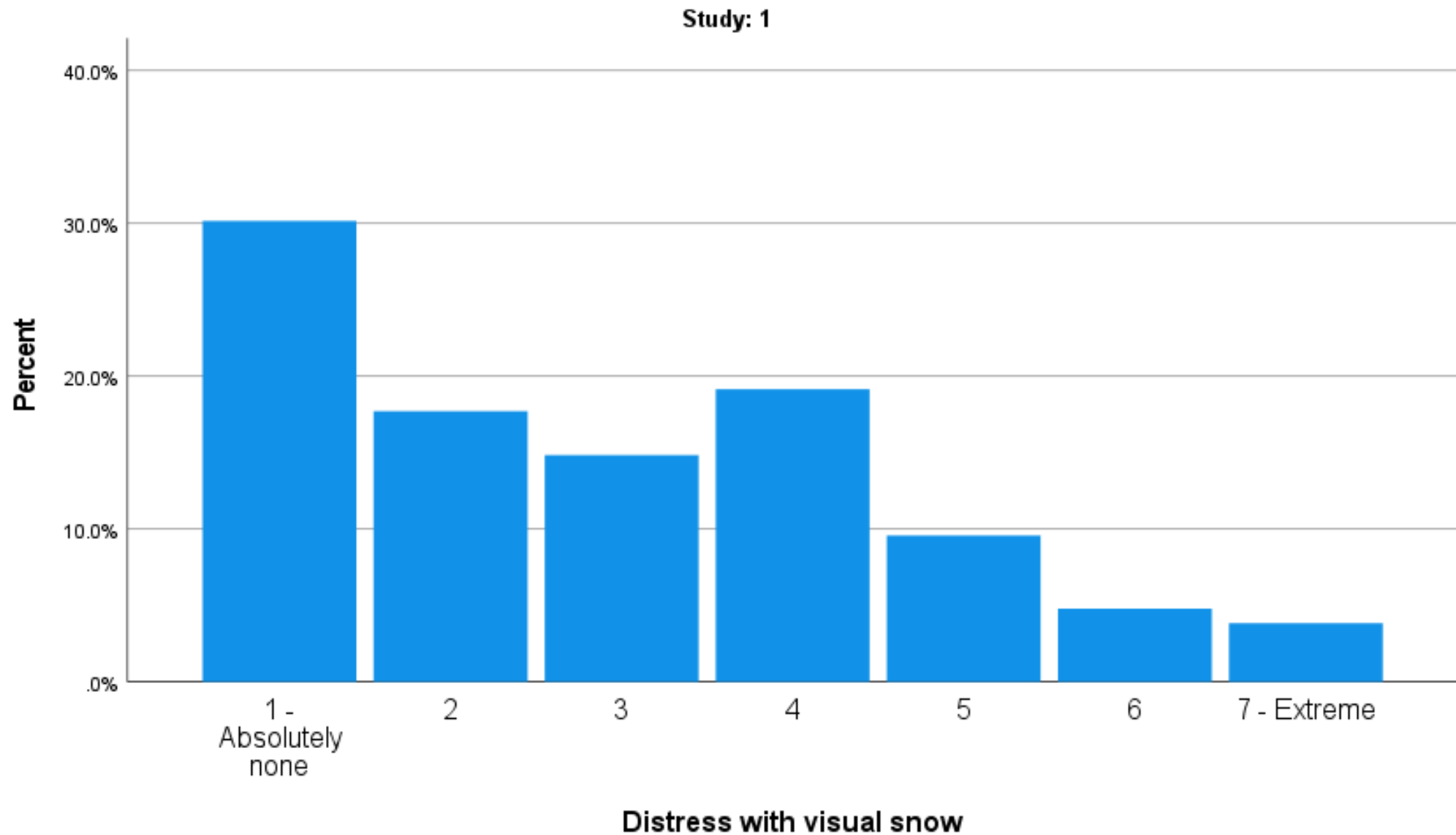
Visual snow

- Does not interfere with visual acuity
- Unrelated to ophthalmic problems

Study 1. N = 564. How frequently do you see dots of light like those in the video? 0% (never) a 100% (always)



Degree of distress caused by visual snow: 1 (absolutely nothing) a 7 (extreme)



Correlations with visual snow frequency

	r	p
Distress caused by visual snow	0,37	> 0,001
Tinnitus	0,23	> 0,001
Entoptic phenomena	0,39	> 0,001
Migraine	0,11	0,025
Ophthalmologic problems (self-reported)	0,02	0,751
Propensity for absorbed states (Modified Tellegen Absorption Scale)	0,17	> 0,001

Examples of items of the Modified Tellegen Absorption Scale:

“Sometimes I feel things are more real than real”

“If I wish, I can imagine (or daydream) some vividly that they hold my attention as a good movie or story does”